



# The ConnectCare3 Benefit

Empowering a healthier workforce.

## What is ConnectCare3?

ConnectCare3 is a confidential benefit provided to employees and their dependents covered under the health plan at no additional cost. ConnectCare3 has no affiliation with any insurance carrier or hospital system. We aim to provide callers with positive health outcomes on their health and wellness journey.

## Available Services



### Patient Advocacy

The patient advocates are the first line of contact when reaching out to ConnectCare3. They also assist our clinical team with conducting research.



### Nurse Navigation

The nurse navigators are available to work with patients who have received a medical diagnosis that requires a specialist. Our nurses can provide education on a diagnosis and treatments, physician options, and can help patients prepare for physician appointments.



### Chronic Disease Management & Prevention

The Chronic Disease Management & Prevention team consists of registered nurses, certified health coaches, and registered dietitians. Our team approach to preventing and managing chronic conditions provides you with access to resources and expertise all in one place.



### Nutrition Education

Our registered dietitians will help patients to understand the connection between diet and health by completing a thorough nutritional assessment and providing healthy meal plans and alternatives.



### Tobacco Cessation

Work one-on-one with our Tobacco Cessation coaches to achieve and maintain a tobacco-free life.

## How to Enroll

Contact us at 877-223-2350 or [info@connectcare3.com](mailto:info@connectcare3.com) to enroll in our services today.

## Sign Up to Receive Health & Wellness Updates

Scan the QR code to sign up to receive our health and wellness resources!

 ConnectCare3<sup>®</sup>

For more information, visit [connectcare3.com](https://connectcare3.com)

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