



24/7 UNLIMITED DOCTOR ACCESS

With HealthiestYou you can connect with a doctor, get treatment, and get prescriptions 24 hours a day, 7 days a week over the phone or via the mobile app. Using HealthiestYou can SAVE YOU MONEY and SAVE YOU TIME. And best of all, it's FREE.

HEALTHIEST YOU

ACCESS TO CONVENIENT CARE 24/7



WITH HEALTHIESTYOU, YOU HAVE ACCESS TO THESE SPECIALITIES



TALK TO A DOCTOR 24/7

Speak to a licensed doctor by phone or video 24/7 from anywhere



EXPERT MEDICAL SERVICES

Receive a second opinion on an existing diagnosis and treatment for any condition



MENTAL HEALTH

Talk to a therapist seven days a week from wherever you are



DERMATOLOGY

Upload photos of condition and get a treatment plan within two business days



NECK & BACK CARE

Relieve your back pain through guided videos with a certified health coach



NUTRITION

Members work with dieticians to assess nutrition and develop personalized meal programs

THREE EASY WAYS TO GET STARTED

1

DOWNLOAD THE "HEALTHIESTYOU" APP

0 Select "First Time Here", and then select "Employee" as membership type. Enter your Name, DOB, and Zip Code to create your account

2

VISIT ONLINE MEMBER PORTAL

0 Go to <https://member.healthiestyou.com/user/sign-in> and Select "Register Now", enter your Name, DOB, and Zip Code to create your account login

**Note, once registered, you can login via the app with the same login information*

3

CALL HEALTHIESTYOU

0 Call 1-866-703-1259 x 1 to register your account over the phone

